2000 1995	MFA Rhode Island School of Design, Providence, Rhode Island BFA Virginia Commonwealth University, Richmond, Virginia
2013-2022	Adjunct Professorial Lecturer, Artist's Perspective Sculpture,
	American University, Washington, D.C.
2008-18	Professorial Lecturer, Sculpture I, The George Washington University, Washington, D.C.
2013	Adjunct Professorial Lecturer, The Studio Experience, American University, Washington, D.C.
2004-12	Professorial Lecturer, 3D-Design, The George Washington University, Washington, D.C.

2016	Hillyer Art Space, Washington, D.C
2012	Greater Reston Arts Center, Reston, Virginia
2006	Arlington Arts Center, Arlington, Virginia
2006	Tony Hungerford Memorial Gallery, College of Southern Maryland, La Plata, Maryland
2000	Lines, Marks, and Motion, Fayerweather Gallery, University of Virginia, Charlottesville, Virginia
2000	Lines, Marks, and Motion, Fayerweather Gallery, University of Virginia,

2018	2018, ,
2018	From Here to Elsewhere Mclean Project for the Arts, Mclean, Virginia
2018	Faculty, The George Washington University, Washington, D.C.
2017	Black Rock Center for the Arts, Germantown, MD
2014	STITCH, Greater Reston Arts Center, Reston, Virginia
2014	Alchemical Vessels, Joan Hisaoka Healing Arts Gallery, Washington, D.C
2013	40 for 40, Greater Reston Arts Center, Reston, Virginia
2010	Art Scouts, Arlington Arts Center, Arlington, VA
	Curator Mary Early, Hemphill Fine Arts
2008	

2018 2017 2014 2012 2012	Mclean Project for the Arts, From Here to Elsewhere, Mark Jenkins, The Washington Post, December 14, 2018 Black Rock Center for the Arts, Mark Jenkins, The Washington Post, November 30, 2017 Michael O Sullivan, "Stitch": Getting Right to the Point, The Washington Post Weekend Section, February 7, 2014 At Greater Reston Arts Center, Everyday Materials Shape Up into a Grand Bargain Mark Jenkins, The Washington Post, February 2, 2012 Art of ideas at GRACE, Janet Rems, Fairfax Times, January 27, 2012
2008 2007	Michael Hickok for Washington Project for the Arts Auction, Washington, D.C. McWilliams Ballard Inc. Collection, Washington, D.C.
2014 2014 2007 1997	STITCH Catalogue, Greater Reston Arts Center, Reston, Virginia 40 for 40 Celebrating Four Decades of the Greater Reston Arts Center, Reston, Virginia Fall Solos Catalogue, Arlington Arts Center, Arlington, VA Artist of the Mohwak Hudson Region Juried Exhibition Catalogue, SUNY Albany, New York
2012	Elan Magazine, September 2012 Issue
2017 2012 2006 2006 2004 2002 2001	Artists' Gallery Talk, Black Rock Center for the Arts, Germantown, MD Artists' Gallery Talk, Hillyer Art Space, Washington, D.C Visiting Artist Lecture, Edinboro University, Edinboro, Pennsylvania Artists' Gallery Talk, Arlington Arts Center, Arlington, Virginia College of Southern Maryland, La Plata, Maryland Governors School, University of Richmond, Richmond, Virginia Edinboro University, Edinboro, Pennsylvania Lines, Marks, and Motion, University of Virginia, Charlottesville, Virginia